

A program of the Ohio Cyber Range Institute

# **Gateway 1 Courses**

Learners complete bite-sized five- to 15-minute-modules for each course. Most courses produce takeaway documents, like plans and procedures, that can be implemented in your organization.

# Cyber Mindfulness - 1 hour 50 min

### Course designed for all employees

A foundational guide to basic cybersecurity practices that engage all employees throughout the organization. Provides an overview of cyber mindfulness and how to practice it in daily digital activities such as email, web browsing and social media. Learn to recognize and avoid cyber threats such as phishing, malware, and ransomware.

### **Learning Outcome**

Apply cyber mindfulness techniques to online behavior and habits to identify vulnerabilities and prevent common cyber attacks

## Cybersecurity 101 - 1 hour 10 min

Course designed for Professionals and Executives in IT/Cybersecurity

An introduction to the principles and concepts applied to cybersecurity. Gain a deeper technical understanding of the cybersecurity threats and challenges facing local government organizations. This course will explore the fundamental security services, mechanisms, and principles used to establish standards and best practices for cyber persistence.

#### **Learning Outcome**

Understand key cybersecurity concepts and principles to apply a persistent cyber strategy in the organization

## Cybersecurity Frameworks Introduction – 1 hour 40 min Course designed for IT/Cybersecurity Managers/Executives

An introduction to core concepts and applied practices of cybersecurity frameworks, a set of voluntary guidelines and standards for improving cybersecurity and managing cyber risks, tailored to the specific needs and challenges of local governments. This course includes a module tailored to understanding and applying the National Institute of Standards and Technology (NIST) Cybersecurity Framework.

### **Learning Outcome**

Understand the benefits of implementing cybersecurity frameworks to implement a persistent cyber defense and mindful workforce

# Risk Management - 2 hours

Course designed for Organizational and IT/Cybersecurity Managers and Executives

Learn essential skills and strategies for protecting data and managing cyber risks. Learn to identify, assess, and prioritize cyber risks and vulnerabilities of local government operations and services. Apply the knowledge to identify and protect critical systems and processes that support the delivery of essential local government services and functions.

#### **Learning Outcome**

Perform risk assessments to measure cyber risk levels; use risk matrices and heat maps to visualize and communicate risk levels

Begin risk management plan for organization



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# **Gateway 1 Courses**

## **Vulnerability Management - 5 hours**

Course designed for IT/Cybersecurity Managers/Executives

IT/Cyber staff will take a deeper technical dive into types of vulnerabilities and attack vectors that threat actors can exploit to compromise systems and data. This course provides techniques and tools for conducting automated and manual scans to identify and assess cyber vulnerabilities.

### **Learning Outcome**

Develop and maintain a network system vulnerability management plan

Begin mapping cyber inventory and vulnerability management

# Organizational & Third-Party Security - 2 hours

Course designed for IT/Cybersecurity Managers/Executives

Equips local government officials and managers with the knowledge and skills needed to protect their organization's information and infrastructure from cyber threats. Protect the confidentiality, integrity, and availability of personal, private, and sensitive information (PPSI) collected, stored, processed, and shared by the organization.

### **Learning Outcome**

Assess and manage the cybersecurity risks posed by third parties

Begin development of an organizational cybersecurity policy

## **Network Control Systems - 4 hours**

Course designed for IT/Cybersecurity Professionals

A deeper dive into the concepts and techniques of network systems controls and security design. Technical implementation of various network security mechanisms will be explored. Learn to analyze and prioritize security controls to design a security architecture that aligns with the critical business systems, policies, and best practices.

## **Learning Outcome**

Design and plan the network systems architecture and topology, security controls and solutions

Build plans to increase cybersecurity posture

# The Anticipation and Resilience Strategy (ARS)

Capstone project for Cyber Anticipation and Resiliency Team (CART)

The ARS project leverages the knowledge gained from completing the Gateway 1 courses to create key cyber policies and documents, enhancing your immediate cybersecurity posture and preparing you to practice and improve those policies in O-PCI Gateway 2.

## **Learning Outcome**

Align cybersecurity documentation into a format consistent with the National Institue of Standards (NIST) and Cybersecurity Frameworks (CSF)



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